

## DOCTORS IN SECONDARY SCHOOL PROGRAM



Dr Vajna Rafeek is at our College every Friday from 10 AM - 2 PM. The doctor is a great place to start if you are concerned or needing help.

## Services provided:

- Information or advice about any health issue.
- Medical and Health check-ups.
- Information or advice about your physical wellbeing.
- Healthy eating and exercise advice.
- · Vision checks.
- · Advice on relationship issues.
- Information and help if you are feeling scared, worried, upset or down.
- External referrals to other health services.

You can make an appointment with the school nurse – Mallissa Allen (located at the sick bay) or you can drop-in to the Doctors in School Portable at recess or lunch time with no appointment required.

Please note: The Doctor is not available in period 4.