

GOOD HYGIENE PRACTICES



Wash your hands often with soap and water. This includes before and after eating and after using the bathroom.



Wear your face mask.



Sanitise your hand regularly with hand sanitiser.



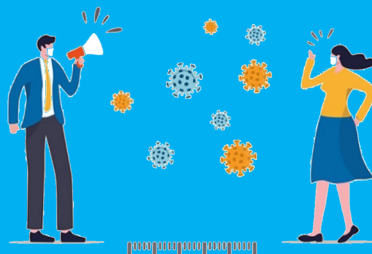
Avoid touching your eyes and mouth.



Clean and disinfect regularly:
Your desk, doorknobs, benchtops,
wallets, purses, mobile phones, lockers
and school bags.



Keep your distance.
1.5 meters apart.



Cover your cough and sneeze.



If you are feeling unwell, stay
home, visit your doctor and go get
a COVID test.

