Design Brief: Year 9 - 10

It is Mum’s 39\textsuperscript{th} birthday on the 29\textsuperscript{th} August and I want to plan a special surprise party as my present to her. Mum has always enjoyed cooking and is very good at it so often she was stuck in the kitchen getting things ready while the rest of us were enjoying ourselves.

I thought that it would be nice for her to sit down at home and relax while I prepared the food for a change. There are 5 in the family, Mum, Dad, my brother is 14 and my younger sister is 10. I want it to be a simple but tasty meal, but she is fussy about her food and does not want anything with too much fat, as she is worried about her health.

I will make a casual two course meal, main and dessert. Dad will help pay for the meal. Everybody else is pretty relaxed about what they will eat, except for my sister who does not like really spicy food.

\textbf{Source:} Example developed by Food Technology Domain at Craigieburn Secondary College